

Advice following a joint injection

Information for patients, parents and guardians

Your child has had an injection into a joint (this is known as an intra-articular injection).

- It's important that your child rests for 24 hours after the procedure. After this time, they can resume their normal activities.
- Your child should continue to take regular pain relief as required for up to 48 hours after the procedure. After this time you should reduce the medication, until finally they stop taking it.
- Some children may experience an increase in pain following the procedure – if this happens, continue to give them pain relief medication and contact the paediatric rheumatology team for advice on **07760 158924**.

If you have any concerns or questions, you should contact the paediatric rheumatology team on **07760 158924**.

If you need a translation of this document, an interpreter or a version in large print, Braille or on audio tape, please telephone **023 8120 4688** for help.

www.uhs.nhs.uk/childrenshospital

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