Truvada for the treatment of Hepatitis B virus

Hepatitis B is a virus that causes inflammation and scarring to the liver. This scarring can lead to problems with liver function.

Your doctor has prescribed Truvada for the treatment of your Hepatitis B infection.

This is a long term treatment that will suppress the Hepatitis B infection and prevent further damage to your liver being caused by an active Hepatitis B infection.

Truvada is an oral tablet that should be taken every day, ideally at the same time each day. It is important to ensure Tenofovir is taken every day to prevent the virus developing resistance and rendering it ineffective.

If you forget to take a tablet, do not worry but take the next day’s dose as normal. Report any missed doses to the nurse looking after you so you can be monitored for possible resistance.

If you have difficulty swallowing tablets you can disperse the Truvada in water, orange juice or grape juice

Side effects
Truvada is well tolerated, but in a small number of people it may cause problems with kidney function. Your nurse will monitor your kidney function regularly using blood tests.

Monitoring your progress
A nurse will see you every month for the first three months. After that the nurse will see you every three months. At these visits a blood test will be taken, and your blood pressure and weight will be checked. Some patients will also require an abdominal ultrasound. There will be an opportunity to discuss any concerns you may have.

Contact details
Please do not hesitate to contact the hepatology nurses if you would like further information.

Telephone: 023 8079 4617

D Level West Wing
Mailpoint 72
Southampton General Hospital
Tremona Road
Southampton
SO16 6YD

If you need a translation of this document, an interpreter or a version in large print, Braille or on audio tape, please telephone 023 8079 4688 for help.