Urology day unit aftercare advice

The procedure you have had today is:

☐ Flexible cystoscopy  ☐ Video urodynamics (VCMG)
☐ Urodynamics (CMG)  ☐ Stent removal

Aftercare
Common side effects following a procedure of this kind include the need to pass urine more frequently and a mild burning sensation during urination. A small amount of blood in the urine is also normal.

To help minimise these side effects and prevent infection, it is advisable to drink plenty of fluid (one to two litres per day) over the next few days.

After 48 hours, if you still have burning or stinging when you pass urine, or you develop a temperature, visit your GP straight away as you may require some antibiotics.

Follow up

☐ We do not need to see you again (you are being discharged)

☐ You will have an outpatient appointment with: ........................................ in: ................. weeks/months

Further procedures
If any further procedures or investigations are required, these will be explained to you and further information supplied.

Further procedure (if applicable)

☐ TURBT  ☐ Cystolithopaxy
☐ TURP  ☐ Urodynamics (CMG/VCMG)
☐ Biopsy/diathermy  ☐ Check cystoscopy in ................. months
☐ Urethral dilatation

Notes: ..................................................................................................................................................
Contact us
If you have any further questions or concerns speak to a member of the urology team who will be pleased to advise you. If you would like further information once your have left the department, please contact:

Urology nurse practitioner team on: 023 8120 8455
Urology administration team on: 023 8120 6003

If you need a translation of this document, an interpreter or a version in large print, Braille or on audiotape, please telephone 023 8120 4688 for help.