

Patient information factsheet

Southampton lupus clinic

The Southampton lupus clinic treats patients with systemic lupus erythematosus and other autoimmune and connective tissue disorders. Patients are referred to the clinic by general practitioners (GPs) throughout Hampshire, the Isle of Wight and Dorset. We also receive referrals from other departments within Southampton General Hospital and from hospitals around the region.

Aims of the clinic

The clinic aims to:

- be a centre of excellence
- provide expert clinical treatment
- support, educate and advise patients and their families to enable them to understand and manage their condition
- undertake research to find a cure for autoimmune and connective tissue disorders.

Types of disorders seen

- Systemic lupus erythematosus
- Antiphospholipid syndrome
- Sjögren's syndrome
- Scleroderma
- Raynaud's syndrome
- Vasculitis
- Myositis

Research

The clinic is committed to undertaking research and you may be invited to take part.

Range of services

There is a full range of support services available to the clinic which includes:

- x-ray/scanning
- blood tests
- bone density scanning (DEXA)
- physiotherapy
- occupational therapy
- appliance fitting

If you have multi-system disease you may be co-managed with other specialists within Southampton General Hospital including:

- renal (kidneys)
- respiratory (lungs and breathing)
- haematology (blood)
- dermatology (skin)
- high-risk pregnancy clinic at the Princess Anne Hospital.

If you require intravenous therapies you will receive this treatment on a short-stay unit at Southampton General Hospital. You will be admitted to one of the medical wards in the hospital if you need care as an inpatient.

Contact details

Consultant

Dr Christopher Edwards/
Professor Stephan Gadola

Secretary

Telephone: 023 8079 8723

Consultant

Dr Brian Davidson

Secretary

Telephone: 023 8079 6770

Southampton lupus clinic is held in:

Department of rheumatology
Victoria House, entrance B
Southampton General Hospital

Use car parks 7 or 8, accessed via Coxford Road.

Lupus support sister

Sally Sawyer

Telephone advice line: 023 8079 8532

Rheumatology outpatient appointments

Telephone: 023 8079 6073

Short-stay infusion unit

Telephone: 023 8079 4653

Correspondence address:

Mailpoint 63, G level, West Wing
Southampton General Hospital
Tremona Road
Southampton
SO16 6YD

Pharmacist

We have a specialist pharmacist who is available to contact if you have any questions about your rheumatology medication. She is available from 9.30am to 2.30pm, Tuesday to Friday. Telephone: 023 8077 7222 then ask for bleep 2407.

Our charity

The lupus clinic is supported by donations from Lupus UK and the Southampton Rheumatology Trust. Donations to our local charity can be made to 'Southampton Rheumatology Trust' at the address above.

Other useful contacts

Lupus UK

Telephone: 01708 731251

Email: headoffice@lupusuk.org.uk

www.lupusuk.org.uk

The Lupus Foundation of America

www.lupus.org

Arthritis Research UK

www.arthritisresearchuk.org

For other connective tissue disorders

British Sjögren's Syndrome Association

www.bssa.uk.net

Scleroderma Society

www.sclerodermasociety.co.uk

Vasculitis Trust

www.vasculitis-uk.org

Myositis Support Group

www.myositis.org.uk

If you need a translation of this document, an interpreter or a version in large print, Braille or on audio tape, please telephone 023 8079 4688 for help.