MCP ulnar deviation splint (MUD splint)

This splint is designed to bring your fingers back into a straight position when you are using them during the day or when resting.

Fitting

- Secure the hard strip around your hand.
- Starting with the index finger, secure the first strap so that the index finger is pulled towards the bar.
- Secure the finger straps one at a time, attaching the velcro securely.
- You can wear the splint as often as you like during the day.
- Remove it to wash your hand.

Washing

The hard section of your splint can be wiped with warm soapy water. Don’t put it in hot water or leave it near heat sources such as a radiator or on a sunny windowsill, because it will change shape. The material section can be cleaned with a sponge and left to dry.

Adjusting

If you have any problems with your splint please contact your therapist.

Therapist_____________________________ Date_____________

Further information

If you need more advice about any aspect of your MUD splint, please contact us using the details on the reverse of this page.
Contact details

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