

Patient information factsheet

Tracheostomy discharge information

Cleaning the inner tube

The inner tube should be cleaned at least twice during the day. This may increase depending on thickness and volume of secretions.

- To remove the inner tube, turn it anticlockwise.
- The white tip inner tube will slide out and should be immediately replaced by the red tip inner tube.
- The white tip inner tube can be cleaned with warm running water. **Do not use pink swabs or pipe cleaners to clean the inner tubes.**
- The red tip inner tube is temporary and can stay in place for approximately ten minutes.
- When reinserting the inner tube, turn it clockwise until it clicks to locked position.

Checking cuff pressures (if applicable)

- Use the manometer to check cuff pressures.
- The cuff must also be inflated and achieve pressures between the green indicators on the manometer (10-35). You can use a 2ml syringe to put air in or out of the cuff; do this 1ml at a time. Always check the pressure after each 1ml, as too much pressure can damage the trachea wall.

Changing the tracheostomy tube

- The tracheostomy will need to be changed every
- Contact on
for arranging where and when it should be changed.

Changing tracheostomy attachments

The dressing and tape should be changed every 24 hours or when dirty.

Order numbers for equipment

Equipment	Order number

Patient information factsheet

Equipment	Order number

Equipment orders: contact details

The Respiratory Centre: **023 8079 4325**

Respiratory ward D6: **023 8079 6505**

Rachel Corbett (senior physiotherapist): **023 8077 7222** bleep 2616

Contact details

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If you need a translation of this document, an interpreter or a version in large print, Braille or on audio tape, please telephone **023 8079 4688 for help.**