

Patient information factsheet

Practice reading passages

Patient name: Hospital number:

These passages are to help you control your breathing pattern whilst talking.
Please read the following passages out loud, a breath should be taken at every stroke.

The breath should not be a gasp.

A disappointed man

On November 25th / 1910, / Captain Scott / had set sail / from New Zealand / in his ship /
'Terra Nova' / in a quest / to reach the South Pole. / He planted a flag / at the South Pole /
on January / 17th, / 1912. / Scott had achieved / his ambition / to reach the pole, / but he
was / disappointed. / Scott had found / a small tent / and a Norwegian flag / at the pole, /
along with a note / dated December / 14th / 1911, / wishing him / a safe return / Captain
Amundsen, / but on a different route, / had arrived first. /

Here is the weather forecast

Everyone must have heard these words / over the radio, / and perhaps listened for a few minutes / to
hear what the weather might be the next day, / but very few people realised / how much work is put
into a forecast. / Meteorologists / often live for two years or more / in the frozen and bitter climate /
of the arctic wastes, / so that they can send information / about the weather. / This
information / along with details from ships at sea, / planes high in the air, / and even satellites in
space, / is all considered / before a weather forecast is given. / All these observations and details /
must be taken at 9am / Greenwich mean time, / and then are sent via wireless, / telegraph, /
telephone and radio / to a central office. /

If you need a translation of this document, an interpreter or a
version in large print, Braille or on audiotape, please telephone
023 8120 4688 for help.