

## Patient information factsheet

# Initial follow-up breast screening appointment

If you have been treated for breast cancer you will be regularly invited for a follow-up breast screening appointment at the Princess Anne Hospital. This leaflet explains when you can expect to have your follow-up appointments.

Your follow-up appointments are calculated from the date of your most recent diagnosis of breast cancer. The regularity of your appointments is determined by the treatment received and your age. If you need to rearrange your breast screening appointment, please contact the Southampton and Salisbury breast screening unit using the details below.

### Follow-up appointments

If you are under 50, you will be invited for mammograms every year until you reach 50. If you are over 50 and had a lumpectomy (removal of a breast lump), you will be invited for mammograms every year for five years and then every two years for a further four years.

If you are over 50 and had a unilateral mastectomy (removal of one breast), you will be invited for mammograms every two years for ten years. If you are over 50 and had a bilateral mastectomy (removal of both breasts), follow up mammograms are not required.

### Results

The results of your breast screening appointments will be sent to your GP and your consultant specialist within two weeks of your appointment.

If you have been discharged to our patient triggered follow-up system (PTFU) and no longer have follow-up appointments in the outpatient clinic, your results will be posted directly to you within two weeks.

### Final follow-up appointment

After your final follow-up breast screening appointment, and if you are over 50 and under 70, you will be invited to attend for routine breast screening on a mobile unit every three years. This will be at the same time as other women are invited from your GP practice.

If you are over 70, you can refer yourself for routine breast screening on a mobile unit every three years. To refer yourself, please call the Southampton and Salisbury breast screening unit. You will be given an appointment at the same time as other women are invited from your GP practice.

### Further information

For more information contact:

Southampton and Salisbury breast  
screening unit

Telephone: 023 8120 4959

Email: [bsuappts@uhs.nhs.uk](mailto:bsuappts@uhs.nhs.uk)

**If you need a translation of this document, an interpreter or a version in large print, Braille or on audio tape, please telephone 023 8120 4688 for help.**