The Continence Advisory Service

The Continence Service aims to promote continence and the management of incontinence. Clients will be treated with dignity, compassion and all consideration will be given to cultural and religious diversity.

We operate an OPEN REFERRAL system to any individual who has a GP within Southampton City and the South West Hampshire sector of Hampshire Community Health Care (if you have any queries regarding this please contact us).

The Team

- Clinical Manager
- Continence Advisors who are advanced clinical practitioners in conservative therapies for bladder and bowel problems
- Rest Home Continence Assessors who assess the needs of people living in Residential Care Homes
- Administration and clerical staff

Services

The Service runs local clinics offering choice to patients in line with Government initiatives and “Choose & Book”

- Josian Centre, Southampton
- Adelaide Health Centre, Millbrook

- Romsey Hospital
- Totton Community Health
- Hythe Medical Centre
- Lymington New Forest Hospital
- Milford-on-Sea War Memorial Hospital

The Service offers conservative therapies, which include:

- Full assessment
- Individual centred pelvic floor education programmes
- Biofeedback
- Electrical stimulation
- Treatments for all types of bowel problems

New Developments

- “One Stop” prostate assessment
- Follow up appointments for prostate and bladder surgery

Advice Line

Offering advice to patients, carers and healthcare professionals, Monday-Friday, 9:00 am – 5:00 pm

Additional Services

- Training and education
- Home Visits
- A Home Delivery Service of continence products to people in their own homes
- A resource centre based at the Josian Centre
- Advice and fitting of suitable continence aids and appliances

Office Hours:

Monday-Friday, 9.00 am – 4.30 pm
Answer phone/telephone: 023 8071 8833

For more information please contact:

Continence Advisory Service
Josian Centre
Units 3 & 4 Imperial Park
Empress Road
Southampton
SO14 0JW

Telephone: 023 8071 8833
E-mail: continence@solent.nhs.uk
Fax: 023 8071 0359

Please do not hesitate to contact us with your queries
The Josian Centre is a health and social care advice and equipment centre in Southampton offering information and practical advice to all.

The centre provides a single point of contact for anyone wishing to find out about equipment, related services and treatments that are available to support independence, health and well-being. To those eligible, equipment is also provided.

Solent Healthcare services based at the centre include:

- Wheelchair Service
- Southampton Equipment Service
- Continence Advisory Service
- Stoma Care Service
- Equipment Demonstration & Advisory Service

Please note that these services are available by appointment only.

Other services on the premises:

- British Red Cross Medical Loans
- Southampton City Council’s Meals on Wheels

The Josian Centre is open 8:30 am – 4:30 pm

For further information about the centre, please call 023 8071 8800.

Please tell us how you feel about the services we provide.

If you have a compliment, concern or complaint please contact the Patient Experience Service on 0800 013 2319 or soc-pct.schpatientexperience@nhs.net

Alternatively, visit www.solent.nhs.uk

Please note that these services are available by appointment only.

For a translation of this document, an interpreter or a version in large or print please contact Access to Communication

☎ 023 8024 1300

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