

## **Job Description from a FY1 Trainee's Point of View.**

### **O&G**

There are three FY1s on the O&G rotation at any one time. You work mostly in Gynae but there are a few scheduled Labour Ward sessions, during which time you can build experience in this area.

The rota repeats itself every three weeks, with you working one in three weekends. You will work under a team of two to three Gynae Consultants. As a FY1 you work three types of shift, as detailed below:

#### **1. Gynae On-Call**

This job involves working from 8am until 7pm on the Gynae ward and in Pre-assessment. You start the day by going to see the patients under your own Consultants, either with your Consultant or another member of the team. You then see to the ward jobs, including those handed over to you by other teams. Pre-assessment takes place daily and the nurses bleep you when they are ready for you to come and review the patient, write drug charts etc.

One of the great things about this job is that you get to see the 'emergency patients' before anyone else. You clerk them, sort out immediate investigations and then discuss plans with your seniors. This means that you gain lots of practical experience. There is an SHO on-call with you – if it is busy they will stay around on the ward to help out but otherwise can be bleeped when needed. They will sometimes be jointly covering the ward and EPU.

#### **2. Early Pregnancy Unit**

This is another fantastic opportunity for clinical practice, during which you gain experience in practical skills, communication skills and in the management of miscarriage and ectopic pregnancy. In many ways it is an SHO's role but, don't worry, you are supported by some very experienced senior nurses, an SHO and the on-call Reg if necessary! It runs like a clinic so you see patients once they have been scanned and you help to explain the scan results, explaining further management options if required. EPU runs from 9am until 5pm but you need to come in at 8am to see your ward based patients first.

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### **3. Other**

There are a number of other slots on the rota, including fertility and antenatal clinics, labour ward and theatre. These enable you to gain a broader experience of O&G and tend to be for half a day at a time.

If you work at the weekend you will be doing the On-Call Gynae role, working 8am until 7pm each day. You always work on-call from Friday to Sunday but thankfully you have Monday off after a weekend!

I found the O&G rotation to be very rewarding. The members of staff were friendly and supportive, and many of the nurses were very experienced in this field. I would certainly recommend the placement!