

**Job Description from a FY1 Trainee's Point of View.**

**T&O (Trauma & Orthopaedics)**

Please note that this job description is only relevant to F1 Orthopaedics, and does not apply to wards F2 – F4.

F1 ward is mainly an elective ward for pre-booked elective orthopaedics surgery, such as elective hip and knee replacements. As the FY1 in F1 T&O, you are required to work closely alongside another FY1 doctor to help in the smooth running of the admissions, and discharge of patients. There are very few trauma patients on F1, as the majority of trauma patients are transferred to wards F2- F4 (This can change during winter months when there are more trauma patients).

As the Foundations Year 1 doctor, you will not be working for any specific team of surgeons, and are ward based. This means that you will be responsible for the care of all the patients on the ward (who could be under the care of different Orthopaedics consultants).

There are no senior doctors based on F1. However, if there are any concerns regarding any patients, you are expected to contact the team, or in emergencies contacting the SHO on call (bleep 2700) and / or SpR on call (bleep 2702).

The turnover on F1 ward is generally rapid, with the majority of patients discharged in less than one week.

As part of T&O rotation, you will work a different shift pattern each week. You are also required to work one weekend in five, when you are covering all the four orthopaedic wards.

Teaching opportunities are limited to Tuesday and Thursday lunch time teaching each week.

As part of your daily work routine, you are required to

- Check post-op bloods on the daily basis.
- Prepare paperwork (HMR) for discharge of patients on the daily basis (to be completed each morning).

**July 2010**

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- Carry out FY1 led ward-rounds daily.
- Take history and examine patients who present pre-operatively, and making sure recent blood data are available on the e-quest system before surgery.
- Work closely with multi-disciplinary team which involves nursing staff, physios, OTs, and the ward pharmacist.
- To attend any patients who are not well post-operatively.
- To liaise with other medical teams / Outreach team if there are concerns regarding any patients.