

Job Description from a FY1 Trainee's Point of View.

UPPER GI SURGERY

Who will I work with?

The team is made up of two house officers who's shifts will cross over for the majority of the day (current shift pattern 07.30-17.00; 11.00-19.00; 13.30-21.30); two core surgical training SHO's; two registrars and three consultants. Further to this there is the ward staff made up of nurses, physios, dieticians and pharmacists.

What are the hours like?

The F1 shift pattern is as above. You will work nights during surgery, but not during your time attached to this firm (this will be during the Surgical Admissions Unit block). Finishing on time can be haphazard – there is often an afternoon round which may only start at the time you are expecting to leave if the team have been delayed in theatre. This is generally more so on Fridays.

What might a typical day involve?

07.30-17.00 Shift

This shift will start with confirming the location of all your patients and ensuring all bloods and test/scan results are up to date and printed out in the results folder. The round will start promptly at 08.00 (on the SAU if you are on-take, E8 if not). The surgical round is swift and efficiency in having results to hand along with being able to multitask between writing notes and taking down jobs is essential.

The rest of the day will be spent working through the jobs list and maintaining patients.

11.00-19.00 Shift

This shift can be a little confusing as you will have missed the morning round and keeping up to date regarding patients and care decisions can be difficult. A full hand over from the earlier shift house officer is essential. The day will be spent working through the jobs list and maintaining patients.

13.30-21.30 Shift

This shift is similar to the 11.00-19.00 shift in that the ward round will have been missed. For the 13.00-21.30 shift you will provide surgical cover for Upper GI, HPB & Breast and Endocrine after 19.00. At 21.00 there will be a surgical handover informing the night team of unwell patients and handing over jobs.

July 2010

Job Description from a FY1 Trainee's Point of View.

Roughly between 16.00-17.00 there will be an afternoon review/round: this may be a paper round (looking over results) or a full ward round.

Generically, your jobs may involve booking scans, chasing results, writing discharge summaries and discussing patients with a specialist team for advice. You may get the chance to do procedures on your patients such as inserting lines or tapping ascites, with SpR supervision.

What teaching/learning opportunities are there?

The Upper GI surgical firm is busy and the seniors are often spending the majority of their time off the ward, in theatre. The learning opportunities are through the experience gained and the opportunity to get involved with procedures where possible – assuming all other jobs are catered for.