

Patient information factsheet

Capsule endoscopy

You have had a procedure called a capsule endoscopy today:

Please follow the advice below carefully:

- Every 30 minutes, check that the green light on the recorder is still visible. If it stops, check that the sensors are still attached or that the belt has not become loose and slipped – if it has, move it back up and retighten the strap. Increase your intake of clear fluids. If the green light stays off, please contact us on **023 8120 4392** for advice.
- Take the sachet of bowel prep at:
- **Do not** eat until: You can then start to eat a light diet (such as a slice of toast or a sandwich). Continue to drink clear fluids.
- You can eat and drink normally from:
- Remove the sensors/belt and recorder at: and place in the case. Return this to the endoscopy unit by 10am tomorrow morning. If you notice that you pass the capsule during the day, you can remove the recorder and return it to us earlier if you wish.
- If you have any abdominal pain, please make a note of the time. We can check the recording for that time and see what may have caused it.
- If you should develop acute pain or vomiting, contact the endoscopy unit on **023 8120 4392** between 8am and 6pm, Monday to Friday. After 6pm, contact or go to your nearest emergency department. Remember to tell them that you have a capsule in your bowel.

Advice given by: (signature of nurse)

Further information

Please ask the nursing staff if you have any questions about your treatment or services within the endoscopy unit.

If you have any comments, compliments, concerns or complaints please contact patient support services on **023 8120 6325** or email: patientsupportservices@uhs.nhs.uk

If you need a translation of this document, an interpreter or a version in large print, Braille or on audio tape, please telephone 023 8120 4688 for help.