

## Wessex adult cystic fibrosis (CF) service

### Frequently asked questions about the community service

#### What is the community service for?

- To provide support for patients and families and assess clinical progress during a home intravenous antibiotic course. This will include nursing guidance, physiotherapy treatment and some blood tests (if required and appropriate to have at home).
- Support during transition to the adult service.
- Support during end of life care.
- Port flushes.
- Button replacement.
- Support/education with medication.
- Lung function tests.
- Assessment of physiotherapy treatments.
- Social worker support.
- Blood tests.
- To support patients to do exercise at home.
- To help patients who are struggling to do airway clearance.

#### Will this mean I don't need to attend my regular clinic appointments at the hospital when I see the doctor and the rest of the team members?

No, you will still need regular review by the doctor and multidisciplinary team at the hospital. You will also need to come to the hospital for x-rays, scans and certain types of blood tests which are more complex. The first dose of home intravenous antibiotics also needs to be given in hospital.

#### How do I request a home visit?

If you think you would benefit from a home visit please call the main number 023 8120 6801 between 9am and 5pm and ask to speak with the person you require a home visit with.

#### Can I be seen at work if more convenient?

Yes, you can be seen at work, college or school if appropriate to do so. There may be situations where this is not appropriate - for example if a blood sample is required, a safe place would need to be available.

#### When in the week is the community service available?

Home visits from nurses can either be during the week or at the weekend, if nursing staff are available. Depending on your need, a day and time will be agreed which is convenient to you and fits in with service availability. Visits by physios are only available on weekdays.

#### How long will the visit be?

The length and number of visits will depend on individual and clinical need.

#### How do I change my community visit day or time?

If you need to change your visit please call the main contact number 023 8120 6801 as soon as possible to rearrange. If this is out of hours please leave a message on the



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answer phone and if at the weekend please call C5 ward 023 8120 6777 and ask to leave a message for the CF nurse specialist. A member of staff will then call you back to rearrange your visit.