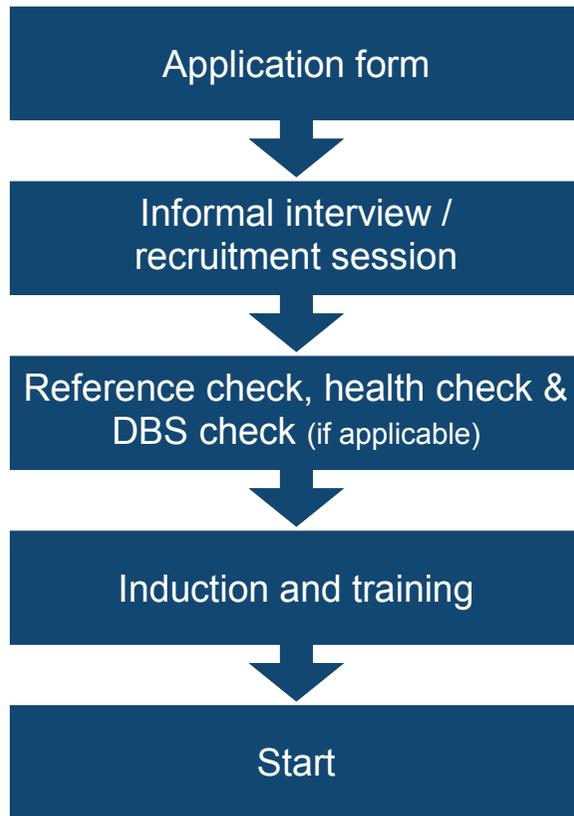


What next?

This guide shows the steps you will go through when applying as a volunteer at UHS:



More information about the process can be found on our website, or you can contact us if you have any questions.

Voluntary Services
CC41, Mailpoint 93
Southampton General Hospital
Tremona Road
Southampton
SO16 6YD

E: volunteers@uhs.nhs.uk
T: 023 8120 6062
W: www.uhs.nhs.uk



Interested in volunteering?



Enriching. Rewarding. Inspiring.

Enriching...

Volunteers really can make a difference to the experience of our patients and visitors by helping in some of the following ways:

Supporting patients with practical tasks for example by making mealtimes more sociable, helping maintain patient mobility, listening to experiences, helping people to speak up or by providing social interaction.

Helping visitors by providing a warm welcome, help to find their way around the hospital by giving directions, or by providing or signposting to further information.

Supporting our many charities who provide a broad range of services, support or entertainment. We have for example; a shop, café, radio station and play services to name a few.

Supporting our staff by helping with occasional administrative tasks, or ensuring information for patients is readily available.

Rewarding...

In return for your time, you can expect plenty back. Our volunteers tell us they do it to make a difference, meet new people, give something back, maybe to learn new skills, or even try out a new career.

You'll be provided with an induction to the hospital alongside other new volunteers, and we'll support you to settle in.

Inspiring...

People often get started volunteering through seeing someone else doing it or because they themselves have benefitted from being helped. You could inspire your friends, a neighbour or even a patient to volunteer by sharing your experiences.



What we look for

You don't need any special skills or experience, but you will need to be over 16 to volunteer with us and we will ask you to complete our application form.

We ask all of our volunteers to be reliable, have the desire to help, a good sense of humour and a cheerful disposition.

Useful skills to have, or to want to develop, are the ability to chat and listen to people and be able to speak up if something's wrong.

Applying to volunteer

You can view all of our current vacancies and apply online or you can call us to discuss volunteering.

Once we've received your application form, we'll invite you for an informal chat to ascertain your suitability for the role. We can also answer any further questions you may have before we complete our volunteer recruitment checks.