

Preliminary Coffee Morning Theme Calendar 2025

Contact ppiesupport@uhs.nhs.uk for more information

| May | |
|--|---------|
| Theme | Speaker |
| Deaf Awareness Month | |
| World Asthma Day 6 May 2025 | |
| Sun Awareness Week 12-18 May 2025 | |
| Mental Health Awareness Month | |
| Dementia Awareness Week 19-25 May 2025 | |

| June | |
|---|---------|
| Theme | Speaker |
| Pride Month | |
| Cancer Survivors Day | |
| Mens Health 9-15 June 2025 | |
| Diabetes Awareness Week 10-16 June 2025 | |
| https://www.diabetes.org.uk/support-us/diabetes-week | |
| BNF Healthy Eating Week 9-13 June 2025 | |
| World Blood Donor Day 14 June 2025 | |
| Carers Week 9-15 June 2025 | |

| July | |
|--|---------|
| Theme | Speaker |
| World Hepatitis Day 28 July 2025 | |
| Alcohol Awareness Week 1-7 July 2025 | |

| August | |
|--|---------|
| Theme | Speaker |
| Cycle to Work Day 1 August 2025 | |
| National Immunization Awareness Month 2025 1 August - August 31 2025 | |
| International Youth Day 12 August 2025 | |

| September | |
|---------------------------|---------|
| Theme | Speaker |
| World Sepsis Day 13/09/25 | |

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| Blood Pressure Week 8 - 14 September 2025 | |
| Sickle Cell Awareness Month | |
| Urology Awareness Month | |
| World Alzheimer's Day 21 September 2025 | |

| October | |
|---|---------|
| Theme | Speaker |
| ADHD Awareness Month | |
| Stoptober | |
| Breast Cancer Awareness Month | |
| Black History Month | |
| World Menopause Awareness Day – 18 October 2025 | |
| World Meningitis Day 5 October 2025 | |

| November | |
|---|---------|
| Theme | Speaker |
| Movember | |
| National Stress Awareness Day 5 November 2025 | |
| International Men's Day 19 November 2025 | |

| December | |
|--|---------|
| Theme | Speaker |
| World Aids Day 1 December 2025 | |
| National Grief Awareness Week 2 – 8 December 2024 | |
| Addiction Awareness Week 30 November – 7 December 2024 | |