

## **Interested in feedback on your research? Join our coffee mornings!**

We are excited to share that we are planning on bringing back the Wessex Researcher Coffee Mornings, which ran successfully a few years ago.

The Coffee Mornings provide a relaxed informal space where researchers and members of the public collaborate, share ideas, and provide feedback on research.

### **What are the coffee mornings?**

Coffee Morning sessions are one-hour long, either online or in person, and offer a supportive environment where you can:

- **Receive free, constructive feedback** from members of the public
- **Engage with members of public** who have experience of being involved in research, as well as PPIE (Patient and Public Involvement and Engagement) staff who can guide you through the process
- **Learn from others' life experiences** to help shape and refine your research approach
- **Take away new, practical ideas** that you can immediately apply to your work

Sessions typically begin with 10-15 presentation by the researcher, followed by questions and discussion. A member of the PPI Team facilitates the session and helps with managing the question and discussion part of the meeting.

Whether you are just beginning to develop a research idea, or are further along with your project, Coffee Mornings provide an opportunity to gain insight and support for your PPIE work.

### **How to get involved:**

If you are interested and want to learn more, contact us at [ppiesupport@uhs.nhs.uk](mailto:ppiesupport@uhs.nhs.uk)

All we need is a brief overview of your research topic and an idea of what stage your research is at – even if you're still at the concept stage!

**Note:** We have created a preliminary coffee morning theme calendar for 2025, which you can [see here](#). If your research doesn't align with the themes listed, we would still love to hear from you!