



Early diagnosis can Save your Quality of Life

Degenerative Cervical Myelopathy (DCM) is a slow motion Spinal Cord Injury, caused by degeneration in the neck. Knowledge of this often debilitating condition is low, so we are on a mission to spread awareness.



**Neck pain or
stiffness**



**Tingling/numbness
in limbs**



**Loss of dexterity or
clumsiness**



**Imbalance, leading
to falls**



**Difficulty walking
and immobility**



**Disturbance of
bladder function**

DCM has many more symptoms, but not everybody is affected in the same way. For further information, visit our website at www.myelopathy.org or scan the QR code.



We're here for you. Our confidential helpline for the UK opens on the 24th of February 2025. If you need support, call us on 0300 102 0079 | Mon-Fri, 12:00pm – 1:45pm. Alternatively, you can e-mail us at helpline@myelopathy.org
Together, we will make Myelopathy matter!

