

Patient information factsheet

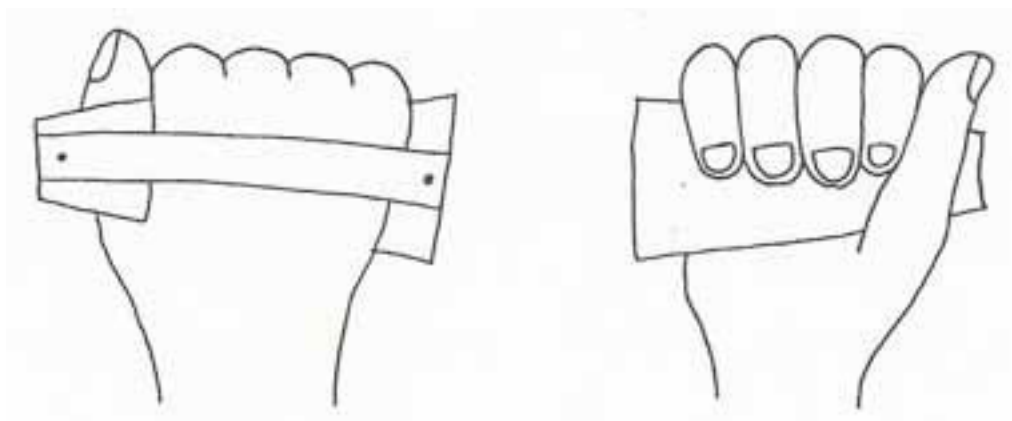
Cone splint

This factsheet explains how to care for your cone splint. We hope it will help to answer some of the questions you may have. If you have any further questions or concerns, please speak to a member of our team.

What is a cone splint?

A cone splint is a device designed to be worn on the hand to prevent the fingers and thumb clawing into the palm.

We do not advise wearing the splint all day. Make sure you remove it at least once every two hours to exercise.



Washing

The splint is made of heat-sensitive materials. Don't put it in hot water or leave it near heat sources, such as a radiator or on a sunny windowsill, because it will change shape.

You can clean the splint using cold or lukewarm water with washing-up liquid or gentle soap.

Adjusting

If the splint causes any skin problems or you have difficulty getting it on or off, please contact us using the details on the reverse of this page.

Contact us

If you need more advice about any aspect of your cone splint, please contact us.

Therapist: _____

Date: _____

Patient information factsheet

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