

## Patient information factsheet

### Nuclear medicine imaging - information for carers

**Thank you for offering to assist during the nuclear medicine imaging of your child/friend/relative.**

Nuclear medicine imaging, also called diagnostic imaging, is the use of radioactive materials and certain other technologies to produce images of internal structures of the body for the purpose of accurate diagnosis.

Assisting with this procedure is common practice and is safe. However, due to the use of ionising radiation we are legally required to provide you with information relating to the level of radiation you will be exposed to.

During nuclear medicine imaging there is a very low risk associated with the amount of radiation you will be exposed to.

In order to further minimise your exposure to radiation, please follow all instructions and advice given by the member of staff performing the scan.

Please ensure that if you are providing physical support to the patient that you do not move whilst the image is being taken, as this may result in the image needing to be re-taken.

Please ask a member of staff if you have any questions or would like more information.

If you need a translation of this document, an interpreter or a version in large print, Braille or on audio tape, please telephone 023 8120 4688 for help.