

A visual guide to EEG test



What is an EEG?



Your doctor has asked you to have an EEG test (electroencephalogram).

This test looks at your brain.

It does not hurt.



To have the EEG, you need to go to the hospital.

Arriving for an EEG test

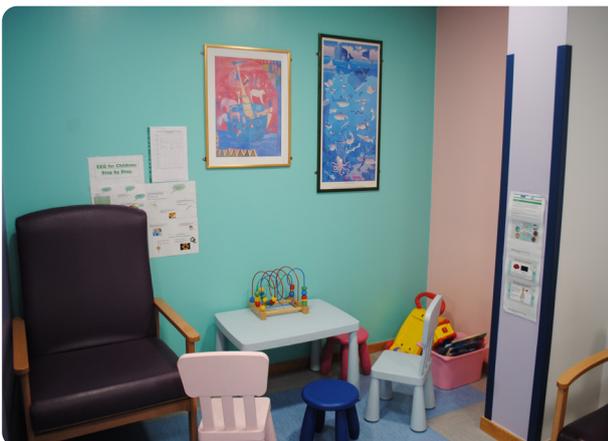


When you arrive, let Reception know you are there.



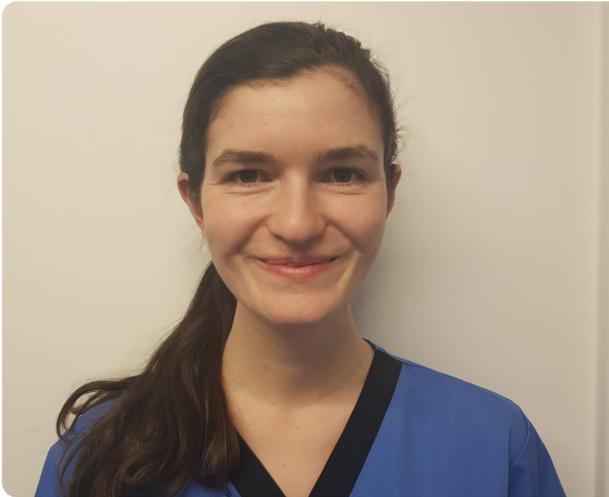
These are the waiting areas.

There is a space for adults.



And a space for children.

Having an EEG



The person doing your test is called a physiologist.



When it's time, you will be called into the room.

The room is down this corridor.



The room where you will have your EEG will look like this.

What happens next?



The physiologist will ask questions about how you are. You or your supporter can answer.

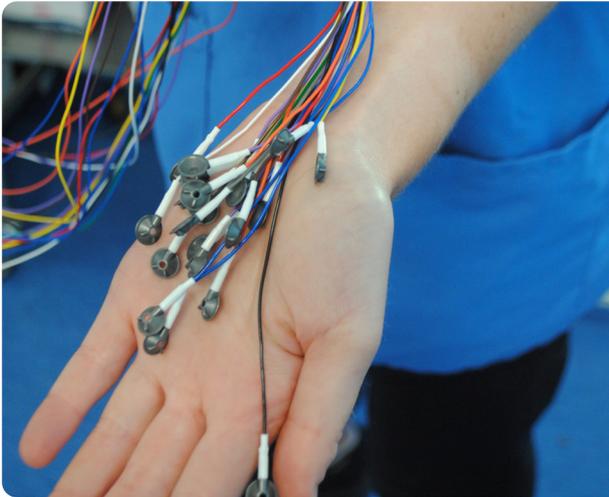


The physiologist will measure your head, and make marks with coloured pencils.



Then, they will use a cotton bud and some gel to rub your head gently.

Sticking the wires on



The wires are for your test.



They will stick on your head using paste.



Paper or stickers will help them stay on your head.

Sometimes a netting hat will also help.

During the test



You will be asked to relax.



When the physiologist tells you to, close your eyes.



You might be asked to blow on a windmill.

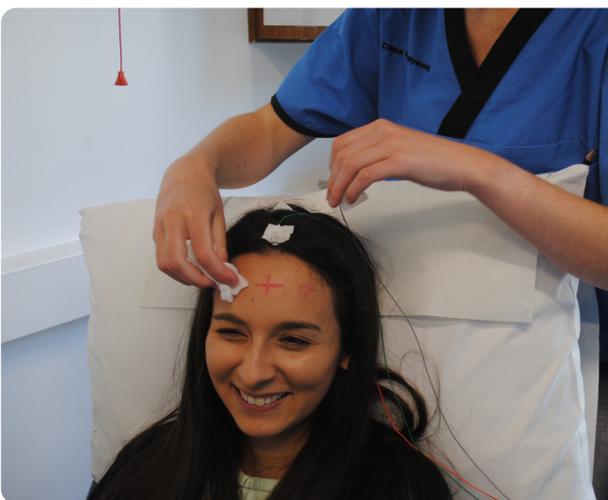
Almost done...



You might be asked to look at a flashing light, while the room is dark.



This is the flashing light.



You're finished!

The physiologist will take off the wires and paste with warm water.

Now you can go.



My EEG test is finished



Meet the physiologists

You may see one or more of these people for your EEG test.



Arantxa



Becky



Ben



Claire



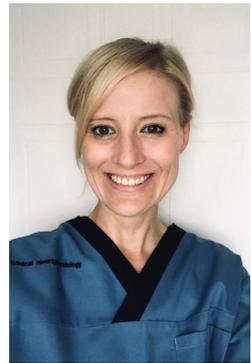
Emily



Jen



Kay



Kathryn



Mark



Geraint



Sarah



Helen

My name is:

I like to be called:

How I communicate:

Tell us about your needs

Don't forget to tell us if you have any additional needs before your appointment.

Ways to do this:

- call the neurophysiology department on 023 8120 6785 (8am to 4.30pm)
- fill out our online form. Visit www.uhs.nhs.uk and search for 'preparing for your visit'
- call the number on your appointment letter
- email: accessible@uhs.nhs.uk

For an online version of this document, visit:

www.uhs.nhs.uk/for-patients/patient-information-leaflets

and look under the 'brain and spine' section.

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