

EEG test

Desensitisation kit instructions



At your EEG appointment a physiologist will use:

- wires
- cotton buds
- gel
- paste
- bits of paper
- stickers.

Please use the samples provided and try to get used to how they look, feel and smell. You could practise sticking the wires on like the physiologist will do (described on the next page).

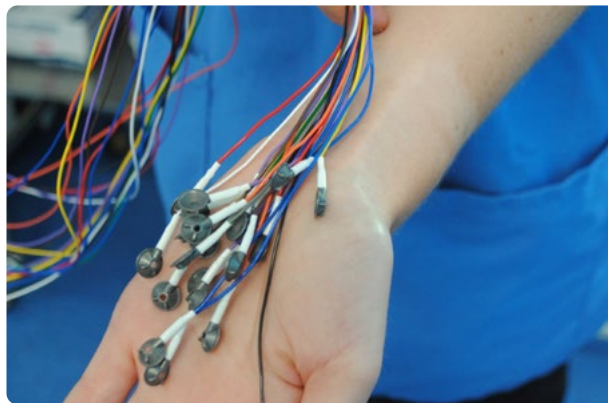
Parents/guardians – please make sure children are supervised with the contents of this pack.



The physiologist will use a cotton bud and some gel.



They will gently rub the cotton bud and gel onto your head.



The wires are for your test.



They will stick on your head using paste.



Paper or stickers will help them stay on your head.

My name is:

I like to be called:

How I communicate:

Tell us about your needs

Don't forget to tell us if you have any additional needs before your appointment. Ways to do this:

- call the neurophysiology department on **023 8120 6785** (8am to 4.30pm)
- fill out our online form. Visit www.uhs.nhs.uk and search for 'preparing for your visit'
- call the number on your appointment letter
- email: accessible@uhs.nhs.uk

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For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit **www.uhs.nhs.uk/additionalsupport**

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