

Patient information factsheet

Macmillan urology cancer clinical nurse specialist team

During your treatment for cancer, our urology cancer clinical nurse specialists will be responsible for coordinating your care. This factsheet explains how the clinical nurse specialist team can support you. It also explains how you can contact our clinical nurse specialists and our urology cancer doctors.

Your key worker

Our team of clinical nurse specialists (CNS) all specialise in urological cancers. One of them will be assigned to you as your 'key worker'. We also have a urology cancer support assistant in our team who may deal with your telephone enquiries.

Your key worker is here to support you, your family and your friends in a number of ways:

Information and advice

Your key worker can help if you have any questions or concerns about your diagnosis and treatment. They can give you more information and advise you on a range of issues, directly or indirectly related to having cancer. They can also recommend other sources of information and advice.

You may want to know more about:

- your diagnosis
- any surgery you may need to have
- drug treatments or radiotherapy
- managing side effects of your treatment
- symptom control
- financial or work-related issues
- community help and support
- coping with an altered physical appearance
- caring for someone who has cancer
- counselling services

Talking things through

Cancer affects people in different ways. During your diagnosis and treatment, you may experience a range of strong emotions including fear, anger, numbness or hopelessness. These feelings can be difficult to cope with and it's not unusual to have times when you feel very low.

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Sometimes it can help just to talk things through. You might want to talk about making a decision about your treatment, coming to terms with the news of your diagnosis or living with the impact that the cancer is having on you and your family.

You may get support from your family and friends, but sometimes it can be easier to talk to someone less involved, such as your key worker.

If you would find it helpful to talk, please don't hesitate to contact us. Your family and friends are also welcome to contact your key worker for support.

Alongside this factsheet, we have also given you a Macmillan Concerns checklist. This lists some common concerns that you may have and can be a useful tool to identify any information and support needs. Please let us know if you wish to discuss any of these concerns with your key worker.

Linking with other healthcare professionals

Your key worker can be a useful link between you and other healthcare professionals involved in your care, both here at the hospital and elsewhere, such as your GP.

As one of our clinical nurse specialists, your key worker is also part of the urology cancer multi-disciplinary team (MDT). This is the wider team of experts in urological cancer looking after you and ensuring you get the best treatment for your condition at the right time.

The MDT includes:

- an MDT coordinator
- consultant urologists (specialist urology surgeons)
- oncologists (specialist cancer doctors)
- a histopathologist (specialist tissue doctor)
- a radiologist (x-ray and scan specialist doctor)
- clinical nurse specialists

The MDT meets weekly to discuss results of investigations and decide on treatment plans for patients.

Patient initiated follow-up (PIFU)

If you have prostate or testicular cancer, we may offer you a patient initiated follow up program (PIFU). This is a type of 'remote' monitoring, which gives you more control over your health. You will have personalised care when you need it and access to test results, care records and online advice from your team on 'My Medical Record'. This is an online digital platform, similar to a website. Ask your key worker for more information.

Clinical trials

Clinical research studies and trials help us understand health better and develop new ways of treating and managing cancer. At UHS we are one of the leading cancer research centres in the UK. We may ask you if you would like to participate in different clinical trials during your care. If you want to know more about upcoming clinical trials at UHS, ask your key worker or consultant.

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Contact us

Clinical nurse specialists (CNS)

If you have any questions or concerns, please don't hesitate to contact your key worker or another one of our clinical nurse specialists.

You can contact us by email or by telephone from 8am to 4pm, Monday to Friday (except bank holidays) using one of the telephone numbers below. When you telephone us, it is likely that you will get through to an answerphone. Please leave us a message with your name and hospital number and we will aim to call you back within 48 hours.

For general enquiries

Telephone: **023 8120 6369** Email: urologycancernursespecialists@uhs.nhs.uk

Prostate CNS team

Alissa Price, prostate and penile cancer CNS

Telephone: (penile queries only) **07721 620084** Email: alissa.price@uhs.nhs.uk

Rob Keating, prostate cancer CNS

Email: robert.keating@uhs.nhs.uk

Sally-Anne Shelton, advanced prostate cancer CNS

Email: sally.shelton@uhs.nhs.uk

Alfie Benjamin, prostate cancer CNS

Email: alfie.benjamin@uhs.nhs.uk

Bladder and renal team

Lidia Ksiazek, bladder cancer CNS

Telephone: **023 8120 4650** or **07818 588417** Email: lidia.ksiazek@uhs.nhs.uk

Faye Mosely, renal cancer CNS

Telephone: **07795 506790** Email: faye.mosely@uhs.nhs.uk

Claudia Laurucci, bladder and renal cancer CNS

Telephone: **07435 633770** Email: claudia.laurucci@uhs.nhs.uk

Germ cell cancer team

Sammie-Jo Hickson, germ cell cancer CNS

Telephone: **07464 522631** Email: sammie-jo.hickson@uhs.nhs.uk

Donna Donelan, germ cell cancer support worker

Mobile: **07769 286603** Email: donna.donelan@uhs.nhs.uk

Uro-oncology cancer support worker

Claire Rogers, Associate practitioner and uro-oncology support worker

Email: Claire.Rogers2@uhs.nhs.uk

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Urology cancer doctors

You can contact your doctor's secretary by telephone or email:

- **Surgeons:**

Email: urologysecretaries@uhs.nhs.uk

Mr Douglas, Mr Smith, Mrs Dawson
Telephone: **023 8120 3930**

Mr Chedgy, Mr Dudderidge, Mr Dyer
Telephone: **023 8120 6370**

Mr Hayes, Mr Lockyer, Mrs O'Leary
Telephone: **023 8120 6233**

Mr Harris, Mr Rees, Mr Sahdev
Telephone: **023 8120 6873**

Professor Birch, Professor Somani, Miss Pietropaolo
Telephone: **023 8120 5273**

- **Medical oncology consultants:**

Email: MedicalOncologyPPCs@uhs.nhs.uk

Dr. Brown
Telephone: **023 8120 5493**

Dr. Broadfoot
Telephone: **023 8120 5493**

Dr. Crabb
Telephone: **023 8120 5493**

Dr. Wheeler
Telephone: **023 8120 8639**

- **Clinical oncology consultants:**

Email: ClinicalOncologyPPCs@uhs.nhs.uk

Dr. Bhatnagar
Telephone: **023 8120 8597**

Dr. Fazal
Telephone: **023 8120 2518**

Dr. Heath
Telephone: **023 8120 3417**

Dr. Greenhalgh
Telephone: **023 8120 5056**

Other useful contacts

- Urology booking admin team (for queries about the details of your urology appointments and procedures)
Telephone: **023 8120 5524**
- Urology centre (for queries about your catheter or nephrostomies)
Telephone: **023 8120 8455** (8am to 4pm, Monday to Friday)
If you need urgent assistance outside of these hours, call **111** or go directly to the nearest emergency department.
- Benign urology specialist nurse
If you need support with continence and sexual health, we may be able to refer you to the benign urology specialist nurse. Please contact your key worker for more information.
- Hamwic House team (for queries about your outpatient and/or blood test appointments)
Telephone: **023 8120 6494**
- Blood test (phlebotomy) services (Southampton General Hospital, Lymington New Forest Hospital, Romsey Hospital or Royal South Hants Hospital)
Telephone: **023 8077 7222** (UHS switchboard)
Website: www.uhs.nhs.uk/departments/pathology/pathology-patient-information
- Macmillan acute oncology service (MAOS)
This is a service at Southampton General Hospital for people who need to be assessed urgently due to their cancer or treatment. If you think you need urgent medical advice or assessment, telephone our 24 hour number.
Telephone: **023 8120 1345**
- CT scan enquiries
Telephone: **023 8120 4198**
- MRI scan enquiries
Telephone: **023 8120 8914**
- Nuclear medicine enquiries
Telephone: **023 8120 3200**
- Radiotherapy reception
Telephone: **023 8120 8568**
- Maggie's Centre (cancer support)
Telephone: **023 8212 4549** Email: southampton@maggies.org
- Wessex Cancer Trust
Website: www.wessexcancer.org.uk
- Hampshire Macmillan Citizens Service (advice about financial support and access to benefits)
Telephone: **0344 847 7727** Email: macmillan.cahampshire@cabnet.org.uk

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National contacts

- Prostate Cancer UK
Telephone: **0800 074 8383** Website: www.prostatecanceruk.org
- Action Bladder Cancer
Website: www.actionbladdercanceruk.org
- Action Kidney Cancer
Website: www.actionkidneycancer.org
- Orchid – Fighting male cancer
Website: www.orchid-cancer.org.uk

If you are a patient at one of our hospitals and need this document translated, or in another format such as easy read, large print, Braille or audio, please telephone **0800 484 0135** or email **patientsupporthub@uhs.nhs.uk**

For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit **www.uhs.nhs.uk/additionalsupport**

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