

Patient information factsheet

Palliative care team

We've written this leaflet to explain how the palliative care team can help and support you. We hope it will answer some of the questions you may have.

What does the palliative care team do?

The palliative care team provides specialist care for people who have illnesses that can't be cured. Our aim is to support you and your family, improve your quality of life and make you as comfortable as possible.

The team is made up of specialist doctors and nurses who provide an advisory service and work alongside the multi-professional team looking after you. Your palliative care may run alongside other treatment or it may be the main focus of your care.

How can we help you?

As part of our service, we can:

- advise you about pain and other symptoms you may have
- support you emotionally and psychologically
- provide support, advice and information for your family
- assist with decisions about your care and planning for the future
- offer support as you make plans to move to your preferred place of care.

What happens next?

After we have met you and discussed your needs, we will agree a plan with you and the team looking after you. This could involve a one-off intervention or regular follow-up with our team while you are in hospital. If you have ongoing palliative care needs when you leave hospital, we can refer you onto the community palliative care team or update your GP so they can follow you up at home.

Contact us

Telephone: 023 8120 4126 (opening hours: 8.30am to 4.30pm, Monday to Sunday). Out of hours, please leave a message on the answering machine. If you need urgent advice, please contact your doctor.

Hospital palliative care team
Mailpoint 86, Block 8
Southampton General Hospital
Tremona Road
Southampton
SO16 6YD

Dr Andrew Jenks, lead consultant
Mark Cawley, lead nurse

Version 2. Updated January 2023. Due for review January 2025. 1951

For a translation of this document, or a version in another format such as easy read, large print, Braille or audio, please telephone **0800 484 0135** or email **patientsupporthub@uhs.nhs.uk**

For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit **www.uhs.nhs.uk/additionalsupport**