

Patient information factsheet

Teenage and young adult cancer support team

This leaflet introduces our teenage and young adult cancer support team and explains how we are working during the Covid-19 pandemic.

Our team offers additional support to young people aged 16 to 24 years.

We understand that your needs are likely to be different from those of children and older adults who have cancer. Working alongside the medical and nursing teams, we provide age-appropriate care and help for you and your family.



Teenage Cancer Trust clinical nurse specialist (CNS)
Nicola Clist

Nicola can see patients who live in the Portsmouth, Chichester and Worthing hospital areas.

She will work closely with the team that specialises in your type of cancer to offer additional medical advice and support to you and your family.

How Nicola can help:

- Keep in touch with you to check you are ok, provide information and help answer any questions about your cancer and treatment.
- Link with all teams involved in your care - in hospital and at home - to make sure things run as smoothly as possible.
- Visit you on the wards to check things are going ok, and be available for your outpatient appointments.
- Help teach you how to look after your health during treatment.
- Keep in contact with you after your treatment has finished, offering support and advice when you need it.

Contact Nicola

Mobile: **07395 374300** Tuesday, Thursday and Friday, 8.30am to 4.30pm

The teenage and young adult team is supported by:



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CLIC Sargent social care team

Young people's social workers
Kate Wheeler and Julia Ventour



Young people's community worker
Amanda Munn



We offer practical and emotional support to help with the impact of cancer. You will have an allocated CLIC Sargent worker who will keep in touch with you all the way through your treatment and for a while afterwards too. If we are not able to meet up face-to-face we have lots of different ways to keep in contact, including text; FaceTime; WhatsApp and the telephone.

How we can help:

- Someone for you (and the people who are important to you) to talk to about how you're feeling and coping.
- Financial support, including applying for grants and support with benefits.
- Liaison with your school, college, uni or workplace.
- Help to get free real hair wigs and access free holidays.
- Practical help with things like housing and social services, if needed.
- Help to get you back on track when your treatment is finished.

Contact us

Kate Wheeler

Mobile: **07795 323201** Office: **023 8120 5267** | kate.wheeler@clicsargent.org.uk

Julia Ventour

Mobile: **07795 493945** Office: **023 8120 5384** | julia.ventour@clicsargent.org.uk

Amanda Munn

Mobile: **07920 584690** Office: **023 8120 5267** | amanda.munn@clicsargent.org.uk

Please get in touch with us on any of the above numbers. We are normally available Monday to Friday, 9am to 5pm. At other times you can leave a voicemail or text and we will get back to you during our usual working hours.

In the event of an urgent medical enquiry please contact the 24-hour advice line at the hospital where you have your cancer treatment.

For a translation of this document, or a version in another format such as easy read, large print, Braille or audio, please telephone **023 8120 4688**.

For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit **www.uhs.nhs.uk/additionalneeds**