

## Patient information factsheet

# Adult congenital heart service: clinical nurse specialists

We have given you this factsheet to explain how our team of adult congenital heart clinical nurse specialists can support you throughout your care.

The adult congenital heart clinical nurse specialist team is based at Southampton General Hospital and forms part of the team of healthcare professionals involved in your care.

### What do we do?

We provide a liaison service and our role is to offer information, support and advice to patients and their families in hospital or at home.

### Contact us

You can contact us Monday to Friday, between 9am and 5pm if you have any questions or concerns about your heart condition, surgery or treatment.

If we're unable to answer your call immediately, please leave your name and telephone number on our answer phone, and we will contact you as soon as possible.

Telephone: **023 8120 4739**

Hospital switchboard: **023 8077 7222** and then ask for **bleep 1481**

Email: [ACHDLiaisonTeam@uhs.nhs.uk](mailto:ACHDLiaisonTeam@uhs.nhs.uk)

Website: [www.uhs.nhs.uk/achd](http://www.uhs.nhs.uk/achd)

Adult congenital heart clinical nurse specialist team

Mailpoint 46

Southampton General Hospital

Tremona Road

Southampton

SO16 6YD

### Information and support groups

The following charities may be useful for providing additional information and support:

The Somerville Foundation

Telephone: **01473 252 007**

Email: [helpline@thesf.org.uk](mailto:helpline@thesf.org.uk)

Website: [www.thesf.org.uk](http://www.thesf.org.uk)

British Heart Foundation

Telephone: **0300 330 3311**

Website: [www.bhf.org.uk](http://www.bhf.org.uk)

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Wessex Heartbeat

The Wessex Cardiac Unit is supported by the charity Wessex Heartbeat.

Telephone: **023 8070 6095**

Email: **info@heartbeat.org.uk**

Website: **www.heartbeat.co.uk**

NHS Smokefree (free smoking helpline)

Telephone: **0300 123 1044**

Website: **www.nhs.uk/smokefree**

NHS

Website: **www.nhs.uk**

For a translation of this document, or a version in another format such as easy read, large print, Braille or audio, please telephone **023 8120 4688**.

For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit **www.uhs.nhs.uk/additionalneeds**