

Patient information factsheet

Moving to the catheter lab day unit (CLDU)

We have given you this factsheet because you have kindly agreed to move from the ward you are currently staying on to the catheter lab day unit (CLDU). It explains what the CLDU is, why we have asked you to move and what to expect during your stay on the CLDU. We hope it helps to answer some of your questions. If you have any further questions or concerns, please speak to a member of the CLDU team.

What is the catheter lab day unit (CLDU)?

The CLDU offers treatment and investigations for adults with cardiac (heart), vascular (blood vessels), thoracic (chest) and congenital (exists at or from birth) heart conditions.

The CLDU is usually open Monday to Friday and mainly cares for people coming into hospital for day case procedures (when you go home the same day as your procedure). However, if the hospital is busier than normal, the CLDU is sometimes opened overnight or at weekends to accommodate people from other wards who need to stay in hospital overnight.

The CLDU cares for both men and women. Although we will make every effort to provide same-sex accommodation, so that you share sleeping bays, washing facilities and toilet facilities with members of your own sex only, this is not always possible. If this is the case, we will inform you of this and we will always protect your privacy and dignity. If you have any concerns about your accommodation, please speak to the CLDU nursing staff.

Why am I being moved to the CLDU?

We have asked you to move to an area where patients need less intensive care to help ease the pressure on our emergency department as new patients arrive. Based on your current clinical needs, your healthcare team have deemed it safe to move you from your current ward to the CLDU to continue your recovery. This move will help to make sure that both you and other patients receive the appropriate level of care needed.

When will I be moved?

We will aim to move you to the CLDU during the day, but on rare occasions, we may need to move you during the night. If this is the case, please accept our thanks in advance for your cooperation.

Who will care for me?

You will be cared for and treated by the same speciality consultant and medical team. The current nursing team looking after you will hand over your care needs, and all your documentation, medication and property to the CLDU team.

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What facilities does the CLDU have?

Washing

- There is one shower located in the waiting area.
- This area is shared by patients and visitors between 7.15am and 8.15pm.
- To maintain privacy, we recommend using the shower **before** 7.15am or **after** 8.15pm whenever possible.

Meals and drinks

We will provide the following meals and drinks during your stay in the CLDU:

Breakfast	A breakfast pack including a yoghurt, a pancake (not heated), a banana, a fruit juice and a spoon.
Lunch	Sandwiches, a yoghurt, fruit, cake and biscuits.
Dinner	A full hot meal service between 3pm and 8pm. We will provide you with a daily menu to choose from.
Hot drinks	Tea, decaffeinated tea, coffee, decaffeinated coffee, green tea and hot chocolate are available throughout the day.
Cold drinks	Water and fruit squash are available throughout the day.

Please inform the CLDU nursing staff if you have any specific dietary requirements.

What are the CLDU's visiting hours?

Visiting hours are between 3pm and 8pm for people staying in hospital.

A maximum of two visitors at a time by your bedside.

Contact us

We understand that being moved to a day unit may feel different from staying on a ward. You may also notice lots of patients arriving and leaving throughout the day. This is normal. Please be reassured that the CLDU team is dedicated to making sure you feel safe, comfortable, and well cared for during your stay.

If you have any questions or concerns during your stay, please speak to a member of the CLDU team.

If you are a patient at one of our hospitals and need this document translated, or in another format such as easy read, large print, Braille or audio, please telephone **0800 484 0135** or email **PFSH@uhs.nhs.uk**

For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit **www.uhs.nhs.uk/additionalsupport**