

Child health pre-assessment service

Health screening questionnaire

Information for children, families and carers

We have given you this factsheet because your child's doctor has placed them on a waiting list for surgery. To help prepare your child for their upcoming surgery, we would like you to complete a health screening questionnaire. This factsheet explains what the health screening questionnaire is and how to complete it. We hope it helps to answer some of the questions you may have. If you have any further questions or concerns, please contact us using the details at the end of this factsheet.

What is the health screening questionnaire?

The health screening questionnaire contains a series of questions based around your child's general health, medical history and lifestyle.

Your answers will help us to:

- get an overview of your child's current health.
- ensure your child is fit for surgery.
- determine if your child needs any additional support from the pre-assessment team to help prepare them for when they come into hospital for their surgery.

The health screening questionnaire can be found online on My Medical Record.

What is My Medical Record?

My Medical Record is an online personal health record provided by University Hospital Southampton NHS Foundation Trust (UHS) that gives you access to information about your child's healthcare and connects you with your child's clinical team and other support services.



For more information about My Medical Record, scan the QR code or visit:
www.uhs.nhs.uk/for-patients/my-medical-record

What happens next?

The day your child is placed on the surgical waiting list

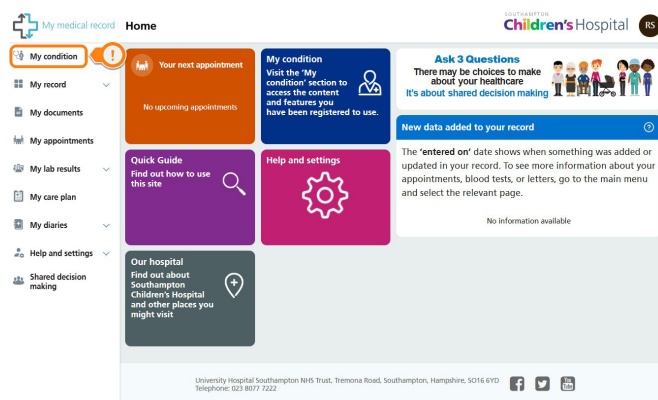
Before you leave the department, please make sure that the reception staff have the correct email address and current mobile number for you. We will use this information to register your child to My Medical Record.

Once registered, you should receive an email from **MyMedicalRecord@uhs.nhs.uk** containing a link to the health screening questionnaire. If you are a new user, you will also receive a text message from **NHSNoReply** containing your password.

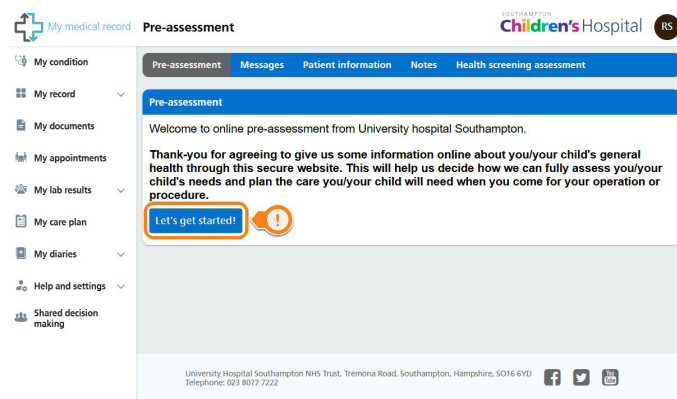
Complete the questionnaire as soon as possible.

How to complete the health screening questionnaire

1. Log in to My Medical Record.
2. Select 'My condition' (as shown below).



3. Select 'Pre-assessment' (as shown below).
4. Click the 'Let's get started' button to begin the questionnaire.



After completing the health screening questionnaire

If we need any further information about your child before their surgery, we will contact you to arrange a pre-assessment telephone consultation.

If we do not need any further information, you will receive an appointment letter in the post with the date and time of your child's surgery when they reach the top of the waiting list.

Contact us

If you have any questions or concerns, or need help with accessing or completing the questionnaire, please contact our team via My Medical Record using the 'messages' tab. Alternatively, you can contact us using the details below.

Paediatric pre-assessment team

Telephone: **023 8120 4894**

Email: childhealthpreassessment@uhs.nhs.uk

If the team are unable to answer your call, please leave a message with your name and your child's name, your child's hospital number and a brief reason for your call. We will aim to respond to your message as soon as possible.

Useful links

UHS

- **Preparing for your visit**
www.uhs.nhs.uk/for-visitors/southampton-childrens-hospital/preparing-for-your-visit

Royal College of Anaesthetists (RCoA)

- **Information for children, parents and carers**
www.rcoa.ac.uk/patients/patient-information-resources/information-children-parents-carers
- **Common events and risks for children and young people having a general anaesthetic**
www.rcoa.ac.uk/sites/default/files/documents/2024-12/Child-Infographics2022_0.pdf

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For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit www.uhs.nhs.uk/additionalsupport

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