

How to change your child's ambulatory EEG equipment setup (day and night)

Information for patients, parents and guardians

This factsheet explains how to change your child's ambulatory EEG equipment from a day setup to a night setup (and vice versa). We hope it will help to answer some of the questions you may have. If you have any further questions or concerns, please speak to a member of our team.

When your child leaves hospital

We will usually send your child home from hospital with a backpack containing the ambulatory EEG equipment. The leads from their head will be connected to a black case tucked inside the backpack.

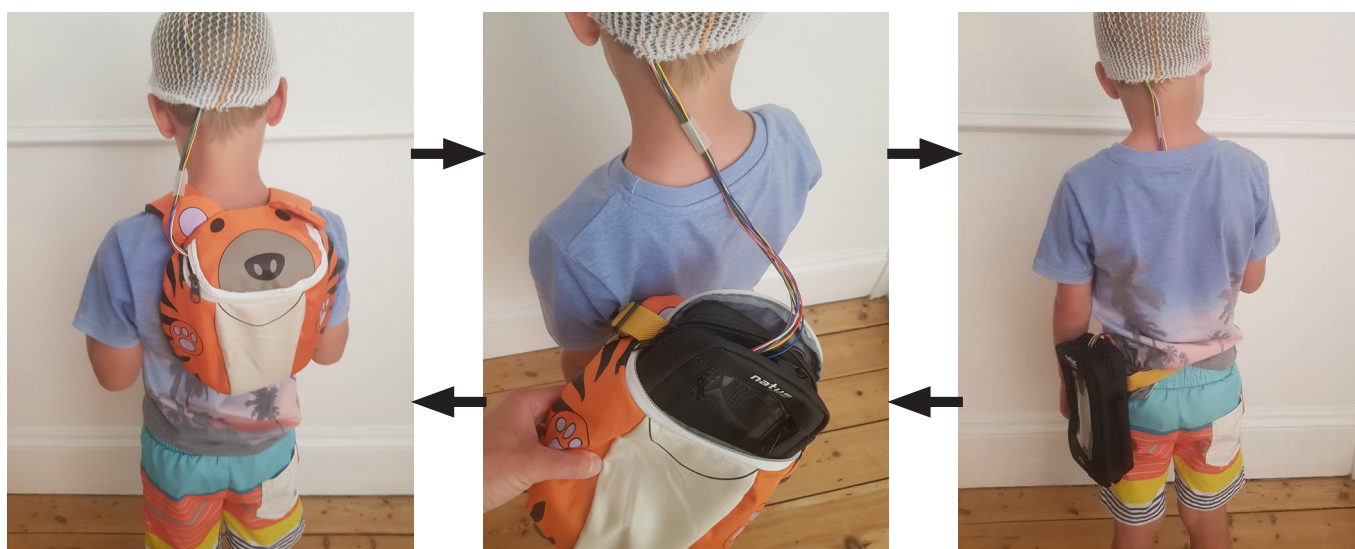
How to change from a day setup to a night setup

Before your child goes to sleep:

1. Take off your child's backpack.
2. Remove the black case from the backpack and put the backpack to one side. Help your child get changed into their pyjamas (if required).
3. Thread the black case and leads down the inside of your child's pyjamas (ensuring the leads are between their skin and their pyjamas). The black case and leads then need to come out from under your child's pyjamas at their waist.
4. Use the waist attachment belt to attach the black case securely to your child's waist.

How to change from a night setup to a day setup

Reverse the instructions above to change back to a day setup.



Day

Night

Contact us

If you have any questions or concerns, please contact us.

Clinical neurophysiology department

Telephone: **023 8120 6785** (Monday to Friday, 8am to 4.30pm)

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