

# Transition programme

| DATE | SECTION NUMBER | PROGRESS NOTES/GOALS |
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# Transition programme

| NOTES |
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# Transition programme

**Name:** \_\_\_\_\_ **Hospital no:** \_\_\_\_\_  
**Address:** \_\_\_\_\_ **DOB:** \_\_\_\_\_  
**Transition start date:** \_\_\_\_\_  
**School/college:** \_\_\_\_\_



**Home tel no:** \_\_\_\_\_

**Email:** \_\_\_\_\_ **Mobile no:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_

Target date for transfer adult services: \_\_\_\_\_

Discharge summary completed: \_\_\_\_\_

**Resources:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Transition leaflet for young people \_\_\_\_\_

Transition leaflet for parents/carers \_\_\_\_\_

Other (please specify) \_\_\_\_\_

Offer copy of clinic letters \_\_\_\_\_ **Date:** \_\_\_\_\_

**MDT involvement**

Youth worker \_\_\_\_\_

Social worker \_\_\_\_\_

Psychology \_\_\_\_\_

Specialist nurse \_\_\_\_\_

Dietitian \_\_\_\_\_

**Other**

Key worker \_\_\_\_\_

Adult unit team contacts \_\_\_\_\_

Date of planned visit to adult unit \_\_\_\_\_

The Ready Steady Go materials were developed by the Transition Steering Group led by Dr Arvind Nagra, paediatric nephrologist and clinical lead for transitional care at Southampton Children's Hospital, University Hospital Southampton NHS Foundation Trust based on the work of: 1. S Whitehouse and MC Paone. Bridging the gap from youth to adulthood. Contemporary Pediatrics, 1998, December. 13-16. 2. Paone MC, Wigle M, Saewyc E. The ON TRAC model for transitional care of adolescents. Prog Transplant 2006;16:291-302 3. Janet E McDonagh et al, J Child Health Care 2006;10(1):22-42. Users are permitted to use 'Ready Steady Go' and 'Hello to adult services' materials in their original format purely for non-commercial purposes. No modifications or changes of any kind are allowed without permission of University Hospital Southampton NHS Foundation Trust.

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