

Patient information factsheet

Urology centre aftercare Suprapubic catheter

The procedure you have had today is:

Suprapubic catheter (SPC) insertion

Suprapubic catheter (SPC) change

Aftercare

It's normal to see a small amount of blood from the catheter site and within the catheter bag. To help reduce the risk of an infection we advise you to drink plenty of fluid (one to two litres per day) over the next few days. A member of the urology centre nursing team will confirm with you how to obtain new catheter supplies.

Wound care

Following the initial insertion of your SPC, please check the wound site. If after **two days**, the site has no redness or discharge, the dressing can be removed. If however the site appears red and inflamed please contact your GP or district nurse for a review of your wound.

Removal of stitches

Please contact your GP's surgery to arrange for the removal of any stitches/sutures **seven days** from SPC insertion date.

Future changes

Your catheter will need to be changed in 10 to 12 weeks.
This will take place:

At the urology centre for first change, and then all further changes to be completed in the community.

At the urology centre for all changes.

Contact us

If you have any further questions or concerns speak to a member of the urology team who will be pleased to advise you. If you would like further information once you have left the department, please contact:

Urology nurse practitioner team on: **023 8120 8455**

Urology administration team on: **023 8120 6003**

Useful link

NHS Choices www.nhs.uk/conditions/urinary-catheterization/pages/how-is-it-performed.aspx

If you are a patient at one of our hospitals and need this document translated, or in another format such as easy read, large print, Braille or audio, please telephone **0800 484 0135** or email **patientsupporthub@uhs.nhs.uk**

For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit **www.uhs.nhs.uk/additionalsupport**

Join our family of charity supporters with a monthly donation! It's a wonderful way to show your ongoing support of our patients and staff.

Scan the QR code or visit **southamptonschoolscharity.org/donate**



**Southampton
Hospitals
Charity**

Charity Registration Number 1051543

