

## Patient information factsheet

# Urology centre aftercare advice

### The procedure you have had today is:

Flexible cystoscopy

Video urodynamics (VCMG)

Urodynamics (CMG)

Stent removal

### Aftercare

Common side effects following a procedure of this kind include the need to pass urine more frequently and a mild burning sensation during urination. A small amount of blood in the urine is also normal.

To help minimise these side effects and prevent infection, it is advisable to drink plenty of fluid (one to two litres per day) over the next few days.

After 48 hours, if you still have burning or stinging when you pass urine, or you develop a temperature, visit your GP straight away as you may require some antibiotics.

### Follow up

We do not need to see you again (you are being discharged)

You will have an outpatient appointment with: ..... in: ..... weeks/months

### Further procedures

If any further procedures or investigations are required, these will be explained to you and further information supplied.

### Further procedure (if applicable)

TURBT

Cystolithopaxy

TURP

Urodynamics (CMG/VCMG)

Biopsy/diathermy

Check cystoscopy in ..... months

Urethral dilation

Notes: .....

.....

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## Contact us

If you have any further questions or concerns speak to a member of the urology team who will be pleased to advise you. If you would like further information once you have left the department, please contact:

Urology nurse practitioner team on: **023 8120 8455**

Urology administration team on: **023 8120 6003**

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