

## Patient information factsheet

# Bronchoscopy/Ebus (B1) aftercare advice

**You have had a bronchoscopy/Ebus** (delete as appropriate) **today** .....

For more information, please refer to the information you were given before your procedure.

As you have had a sedative injection, your physical and mental capabilities may be affected and you may feel drowsy. For your own safety and the safety of others, you should follow the advice below:

- **Do not drive** or ride any type of bicycle for at least 24 hours.
- **Do not** operate any type of electrical or mechanical equipment or machinery for at least 24 hours.
- **Do not** sign any legally binding documents for at least 48 hours.
- **Do not** drink any alcohol for at least 24 hours.
- **You should not** be solely responsible for young children, disabled or dependent relatives for at least 24 hours.
- Rest quietly for the remainder of the day and ensure you have someone stay with you overnight.

Patient sticker	Throat Spray	
	Sedation	
	Biopsies	
	Brushings	
	Washings	
	Transbronchial Bx	

Tick boxes as required

**Advice given by:** Signature ..... Print name .....

Following the procedure you may experience a sore throat, cough up some blood and have some pain and breathlessness. This is normal and should settle down within 24 to 48 hours.

**If you have had a Transbronchial biopsy(s) there is an increased risk of having a collapsed lung.**  
If you develop discomfort in the chest, increased difficulty breathing or cough up a large amount of blood either all at once or over a period of time, you should attend your local emergency department immediately.

For more information please refer to the Having a endobronchial ultrasound (EBUS) or Having a bronchoscopy information sheet.

If this does not settle, or you are at all concerned about your recovery, please contact the endoscopy unit on **023 8120 3186** (8am to 6pm) or your GP.

If you cannot contact either of these or your concern is out-of-hours, please contact the emergency department on: **023 8120 6220**.

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**If you develop severe chest pain, suddenly become short of breath (with or without pain) or cough up more than a small amount of blood, you must attend your nearest emergency department (take this sheet with you).**

If you have any other concerns regarding your recovery, please contact the Endoscopy Unit on 023 8120 4392 (8am to 6pm) or your GP. If you cannot get hold of these or your concern is out-of-hours, please contact the emergency department on 023 8120 6220.

You can also get further advice by calling 111.

## After your bronchoscopy appointment

When you are discharged from the endoscopy unit you should be given:

- a copy of your consent form
- follow up advice
- a verbal explanation of what we have done to you today and what we have found
- a prescription if required

If you need to see a GP within the next two weeks, please take this factsheet sheet with you.

Please ask the nursing staff if you have any questions about your treatment or services within the endoscopy unit.

**If you need a translation of this document, an interpreter or a version in large print, Braille or on audio tape, please telephone 023 8120 4688 for help.**