

Patient information factsheet

Capsule endoscopy – aftercare advice

You have had a procedure called a capsule endoscopy today: _____.

This factsheet explains what to expect after your procedure. If you have any questions or concerns, please contact us using the details at the end of this factsheet.

Please follow the advice below carefully.

Flashing recorder light

- Every 30 minutes, check that the blue light on the recorder is still on.
- If it is flashing, check that the sensor belt has not become loose and slipped. If the belt is loose or has slipped, move it back up and retighten the strap. You should also drink plenty of clear fluids.
- If the blue light continues to flash, please contact us on **07500 761793** for advice.

Timings

- Take the sachet of bowel prep (laxative) immediately when you get home.
- Continue to drink clear fluids.
- You can eat and drink normally from: _____

End of procedure

- Remove the sensor belt and recorder at: _____ and place in the carrier bag supplied.
- Return this to the endoscopy unit by 10am tomorrow morning.

If you notice that you pass the capsule during the day, you can remove the recorder and return it to us earlier if you wish.

When to seek medical help

Contact the endoscopy nursing team on **07500 761793** (every day, 8am to 6pm) if you develop:

- severe abdominal pain
- vomiting

Outside of these hours, go to your nearest emergency department. Remember to tell the healthcare professional assessing you that you have a capsule in your bowel.

Advice given by: _____ (signature of nurse)

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Contact us

If you have any further questions or concerns, please contact us.

Endoscopy booking team

Telephone: **023 8120 6066** (every day, 8am to 6pm)

Endoscopy nursing team

Telephone: **07500 761793** (every day, 8am to 6pm)

Outside of these hours, call NHS **111** for advice.

Useful links

www.nhs.uk/conditions/endoscopy

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For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit **www.uhs.nhs.uk/additionalsupport**

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