

Patient information factsheet

Capsule endoscopy – after procedure information

You have had a procedure called a capsule endoscopy today:

Please follow the advice below carefully.

Flashing recorder light

- Every 30 minutes, check that the blue light on the recorder is still on.
- If it is flashing, check that the sensors belt has not become loose and slipped. If the belt is loose or has slipped, move it back up and retighten the strap. You should also drink plenty of clear fluids.
- If the blue light continues to flash, please contact us on **023 8120 3186** for advice.

Timings

- Take the sachet of bowel prep at:
- Continue to drink clear fluids.
- You can eat and drink normally from:

End of procedure

- Remove the sensors belt and recorder at: and place in the carrier bag supplied.
- Return this to the endoscopy unit by 10am tomorrow morning.

If you notice that you pass the capsule during the day, you can remove the recorder and return it to us earlier if you wish.

If you have any problems

If you develop severe pain or vomiting, contact the endoscopy unit on **023 8120 3186** between 8am and 6pm, Monday to Friday.

After 6pm and during weekends, contact or go to your nearest emergency department.

Remember to tell them that you have a capsule in your bowel.

Advice given by:..... (signature of nurse)

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Further information

Please ask the nursing staff if you have any questions about your treatment or services within the endoscopy unit.

If you have any comments, compliments, concerns or complaints please contact the patient advice and liaison service (PALS) on **023 8120 6325** or email: pals@uhs.nhs.uk

Useful links

NHS UK website

www.nhs.uk/Conditions/Endoscopy/Pages/How-is-it-perfomed.aspx

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