

Thoracic nurse specialists

Information for patients



The thoracic nurse specialists, based on ward E4 at Southampton General Hospital, are:

- **Nicky Roberts**
- **Sally Lewis**
- **Jane Minard**

We are your keyworkers. Our role is to act as a key resource for patients and relatives so that you have access to expert help, information, support and advice for those having thoracic surgery and investigations.

We are available at outpatient clinics based in Southampton and Portsmouth, during your stay on ward E4 and also on the telephone.

**From Monday to Friday, 9am to 4pm, you can telephone us on:
023 8120 8457**

When we are not available to take your call, there is an answer phone. Please leave your name, a contact number and a short message, and we will contact you as soon as possible. If we are on annual leave or study time we will include this information in our answer phone message.

**You can also bleep us during the above hours.
Telephone 023 8077 7222 and ask for bleep 2949.**

This is not an emergency phone line - please contact your GP or an ambulance, if the matter is more urgent. We are here to discuss details such as:

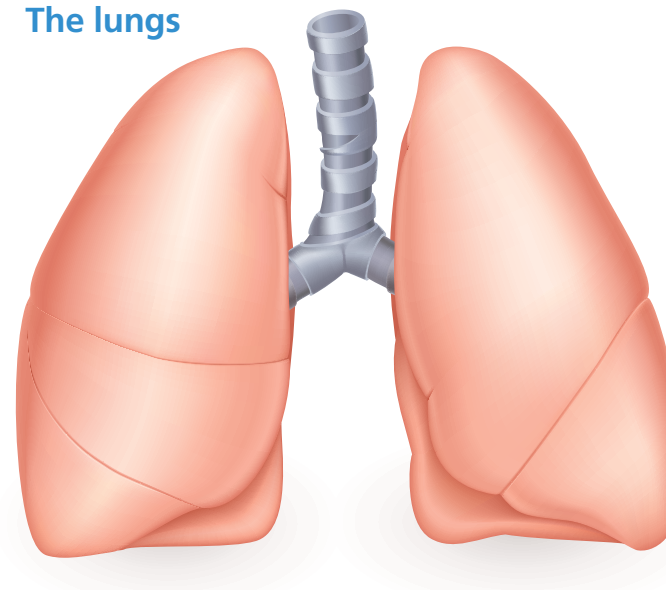
- your forthcoming admission to hospital and what to expect
- your surgery
- what investigations you will undergo and preparation before your surgery
- advice on post-operative care and expected length of stay in hospital
- length of recovery and advice for when you go home and any follow-up if required
- accommodation for relatives during your stay in hospital
- access to advice via the telephone once you are discharged from hospital

Ward information

You can telephone ward E4 direct on 023 8120 6498.

Visiting times are from 3pm to 8pm and we request only two people at the bedside at one time. We do appreciate that this may be restricting, so please discuss any particular problems or requests with the nurse in charge. We will try to accommodate these, thinking of your wellbeing and that of others.

The lungs



Other useful contacts

Macmillan Cancer Support
Telephone: **0808 808 0000**
www.macmillan.org.uk

Cancer Research UK
Telephone: **0800 800 4040**
www.cancerhelp.org.uk

British Lung Foundation
Telephone: **0300 003 0555**
www.lunguk.org

Roy Castle Lung Cancer Foundation
Telephone: **0333 323 7200**
www.roycastle.org

Mesothelioma UK
0800 169 2409
www.mesothelioma.uk.com

HASAG – Hampshire asbestos support and awareness group
Telephone: **023 8001 0015**
or **023 8001 0016**

Benefit Enquiry Line
Telephone: **0800 882200**

Free NHS Smoking Helpline
0300 123 1044
www.nhs.uk/smokefree


Southampton Macmillan Information and Support Centre
Telephone: 023 8120 6037
The centre is open Monday to Friday, 10am to 4pm at Southampton General Hospital.

University Hospital Southampton NHS Foundation Trust
Southampton General Hospital
Tremona Road
Southampton
SO16 6YD

Telephone: **023 8077 7222**

Useful links

We have several useful information leaflets available on our website:

-  www.uhs.nhs.uk/Wedge
-  www.uhs.nhs.uk/Thoracotomy
-  www.uhs.nhs.uk/Pleuralbiopsy
-  www.uhs.nhs.uk/VATSlobectomy
-  www.uhs.nhs.uk/Bronchoscopy
-  www.uhs.nhs.uk/Mediastinoscopy
-  www.uhs.nhs.uk/Pneumonectomy
-  www.uhs.nhs.uk/Vatslungbiopsy

For a translation of this document, an interpreter or a version in large print, Braille or on audio tape, please telephone **023 8120 4688 for help.**

www.uhs.nhs.uk