Maternity information factsheet

Visiting guidelines: Burley and Lyndhurst wards

To keep you and your baby safe while on our maternity wards, we have made some changes to our visiting guidelines at Princess Anne Hospital.

Visiting hours

Your designated birth partner is welcome to visit from **9am to 9pm**. They will need to show their 'visitor card' to the ward clerk on entry to our wards.

In line with our Trust's current COVID-19 guidance, children are not allowed to visit our wards.

Infection control

Visitors must:

- not attend our wards if they are feeling unwell, have tested positive for COVID-19 in the last 10 days or have COVID-19 symptoms
- use hand gel before entering and leaving our wards
- wear a face mask while on the ward and moving around the rest of the hospital, unless they are exempt (they may be asked by our ward clerk to provide proof of their exemption on entry to the ward)

Main symptoms of COVID-19

The main symptoms of COVID-19 are:

- **a high temperature** this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough this means coughing a lot for more than an hour, or three or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Food and drink

Ward kitchen areas

All visitors are welcome to make hot drinks in the kitchen areas on our wards. Please ensure your visitor returns all cups to the kitchen area when they leave. We ask for a donation if using these facilities.

Café

There is an AMT café located on E level at the entrance to Princess Anne Hospital that sells hot and cold drinks and snacks.

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| AMT café opening days and hours | |
|---------------------------------|---------------|
| Monday to Friday | 7am to 4.30pm |
| Saturday | 7am to 3pm |
| Sunday | Closed |

Vending machines

There are vending machines that sell drinks and snacks on D level of Princess Anne Hospital.

Toilets

There is a designated visitor toilet on each ward by the reception area.

Discounted parking

Discounted parking for visitors is available through Travelwise. Please speak to a member of staff at reception for more information about discounted parking for visitors.

For a translation of this document, or a version in another format such as easy read, large print, Braille or audio, please telephone 0800 484 0135 or email patientsupporthub@uhs.nhs.uk

For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit **www.uhs.nhs.uk/additionalsupport**