

Patient information factsheet

Assisting a relative or friend during an imaging procedure

We have given you this factsheet because you have offered to assist your relative or friend during their imaging procedure.

This may be:

- an x-ray (using radiation to produce still images of the inside of the body)
- fluoroscopic imaging (x-rays that produce moving images of the inside of the body)
- a CT scan (x-rays that produce 3D images of the inside of the body)

It is safe for you to assist with their procedure. However, we are legally required to provide you with information relating to the level of radiation you will be exposed to.

What is my radiation risk during an imaging procedure?

There is a minimal risk associated with the amount of radiation you will be exposed to during your child, relative or friend's imaging procedure. However, the radiographer will ask you to wear the lead protection provided to further minimise your radiation risk.

The radiographer will also advise you on where to stand or sit during the procedure.

Other information

If you are providing physical support to your relative or friend, please make sure that you do not move while the image is being taken. Moving during this time may result in the image needing to be re-taken.

Contact us

If you have any further questions or would like more information, please speak to the radiographer.

If you are a patient at one of our hospitals and need this document translated, or in another format such as easy read, large print, Braille or audio, please telephone **0800 484 0135** or email **patientsuppothub@uhs.nhs.uk**

For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit **www.uhs.nhs.uk/additionalsupport**