



University Hospital
Southampton
NHS Foundation Trust

Spiritual care team

Here to support staff, patients, and
their friends, families and carers

A photograph of a forest path in autumn. The trees have vibrant red and orange leaves, and the ground is covered in fallen leaves. A dirt path winds through the trees.

Caring,
confidential
support for
patients,
families and
staff

Who are we?

Our specialist team of healthcare chaplains forms part of the multi-professional healthcare team at University Hospital Southampton NHS Foundation Trust (UHS).

We offer a wide range of non-clinical support to those being cared for, visiting, and working at UHS.

How can we support you?

We are here to provide a caring, confidential, and non-judgemental ear to anyone looking for support, regardless of whether you have a specific religious faith or belief or not.

We create a safe space for people wishing to discuss their thoughts and feelings.

We are here if you need:

- emotional, spiritual or religious care
- a conversation
- pastoral support
- a quiet space for reflection

Being in hospital can raise thoughts and questions about life. Our team are here to help you explore these and find meaning within them.

Contact us

If you or your loved one would like support while in hospital, please contact us.

Alternatively, you can ask a member of staff caring for you or your loved one to contact us on your behalf.

Spiritual care team

Telephone: **023 8120 8517**

Email: **SpiritualCare@uhs.nhs.uk**

Or visit us on D level, centre block in Southampton General Hospital.

"We are so grateful for all you did. You got us through."

"You met me with such compassion, acceptance and love."

Further information

For more information about our team and how we can support you, please scan the QR code below or visit:

**[www.uhs.nhs.uk/for-patients/
your-stay-in-hospital/chaplaincy](http://www.uhs.nhs.uk/for-patients/your-stay-in-hospital/chaplaincy)**



If you are a patient at one of our hospitals and need this document translated, or in another format such as easy read, large print, Braille or audio, please telephone **0800 484 0135** or email **patientsupporthub@uhs.nhs.uk**

For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit

www.uhs.nhs.uk/additionalsupport

www.uhs.nhs.uk