

## Patient information factsheet

# Botox treatment for bladder problems

## Patient initiated follow-up (PIFU)

**If you are receiving Botox treatment for bladder problems, you will now be able to contact us directly to arrange a follow-up appointment and/or another treatment when your initial treatment starts to lose effectiveness. This is known as patient initiated follow-up (PIFU).**

### **What has changed?**

In the past, you would have received a follow-up appointment after six to eight weeks, and then had to arrange referral for further Botox treatments via your GP.

Some people find prearranged follow-up appointments useful, but other people find them unhelpful, unless they have a particular concern they wish to discuss. There is now good evidence to show that following up people in this way does not necessarily improve their experience or outcomes, and may lead to delays in treatment.

Therefore we have now changed to the PIFU system, which allows you to request a follow-up appointment or further treatment when you need it.

# Patient information factsheet

## How to arrange an appointment

Contact the urogynaecology team patient pathway co-ordinator on **023 8120 8504** between **8am and 5pm, Monday to Friday**.

An answer machine service is available outside these times.

When you call, make sure you have your hospital number, date of last treatment and relevant contact details with you.

Your consultant will then review your clinical needs and we will get back to you to confirm the next steps. This may be an outpatient appointment, or you may be placed on the waiting list for further treatment.

## Contact us

If you have any questions or would like more information, please contact us on **023 8120 8504**.

## Urogynaecology outpatients

E level

Princess Anne Hospital

Coxford Road

Southampton

SO16 5YA

If you are a patient at one of our hospitals and need this document translated, or in another format such as easy read, large print, Braille or audio, please telephone **0800 484 0135** or email **patientsupporthub@uhs.nhs.uk**

For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit **[www.uhs.nhs.uk/additionalsupport](http://www.uhs.nhs.uk/additionalsupport)**