

Patient information factsheet

Sugammadex and contraception

As part of your anaesthetic today, we have given you a medication called sugammadex. This is known as a 'reversal drug'. It helps to wake you up from the anaesthetic.

Important information

Sugammadex can stop hormonal contraception from working normally. This is because sugammadex affects a hormone called progesterone.

If you use hormonal contraception, sugammadex temporarily **increases your risk of pregnancy**, so you should take extra precautions.

If you take the oral contraceptive pill

The oral contraceptive pill includes:

- the progesterone only 'mini pill'
- the combined pill, containing both oestrogen and progesterone

You should treat having sugammadex as though you have missed one pill. Please follow the missed pill advice on the information leaflet in your contraception packet.

If you use another method of hormonal contraception

Other methods include:

- implant
- injection
- coil
- vaginal ring

You should use a barrier method of contraception, such as condoms, for the next seven days. Please read the information leaflet supplied with your contraception.

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